



Do you have lived experience

Want to get involved

Are you passionate about
mental health?

Do you live in Norfolk or Waveney?



Do you have personal experience of mental health challenges or experiences as a carer. Would you like to be involved in transforming services?

Do you want your voice to be heard and to influence Community Mental Health Services. We offer support and training and will pay you for your involvement.

To find out more please call:
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