

# Norfolk and Waveney Acute Inpatients Transformation Plan for Mental Health, Learning Disabilities and Autism



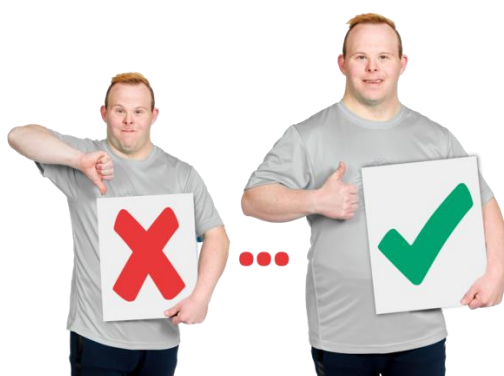
## What are we doing and why?



We have a three-year plan to improve acute mental health and Learning Disability and Autism care for people in hospitals

This is to help people get better quality care when they need it

## What are the goals of this plan?



To improve care quality and efficiency

Follow NHS England's guidelines

Implement the 'Culture of Care' for safe, fair treatment

## What will we focus on in the first year?



Helping people get better at home when it's safe and making hospital care a last resort

Making sure that any hospital care is safe and treatments are effective

Getting people out of hospitals to the best place for their care quickly

## How will people be involved in this work?



Norfolk and Suffolk Foundation Trust will lead on engagement work talking to people

People will have the chance to share their experiences which will help the plan evolve

This work will focus on equity, autism-informed care, and trauma-informed approaches

## What will be done to improve the workforce?



We will make sure staff levels are safe



Reduce turnover and vacancy rates

Improve staff satisfaction and diversity

## What happens next?



The plan will be shared with NHS England



The work will start with input from people with lived experience of being an inpatient