



Improving lives **together**

Norfolk and Waveney Integrated Care System

# Norfolk & Waveney ICS

## Joint Forward Plan (2023/24 – 2028/29)

Update May 2023

# JFP principles

- Principle 1: Fully aligned with the wider system partnership's ambitions.
- Principle 2: Supporting subsidiarity by building on existing local strategies and plans as well as reflecting the universal NHS commitments.
- Principle 3: Delivery focused, including specific objectives, trajectories and milestones as appropriate.

## What it is and what it isn't ....

The JFP is a delivery plan, that sets out our plan to improve services for our local population by convening and working together

It is a collaborative response to the key things that the public thinks is important, informed by our data

The JFP is not a retrospective look back / description of "business as usual" work, or our response to the NHS Long Term Plan

The JFP should align with ICS Goals and the four priorities identified in the transitional Integrated Care Strategy and Joint Health & Well-Being Strategy for Norfolk & Waveney (2022-23) and the Joint Health & Well-Being Strategy for Suffolk

Where the JFP is describing services delivered in partnership this is clearly set out, and where the response in Waveney is different to Norfolk we have taken this into account

Partners on a Task & Finish group have been involved in writing various chapters as we have gone along, as well as leading on specific chapters such as Provider Collaboratives

The JFP is a legal requirement of ICBs and their partner NHS Trusts. We will need to report progress each year in our annual plans

Demonstration of the broad alignment between JFP content and partners' strategic plans is important

The JFP is building on our existing ICS Strategies – digital being a key enabler to delivery for example

# The draft JFP

The draft JFP is attached for feedback: tracked changes, general comments and factual corrections all welcome  
Feedback to be sent via e-mail to: [liz.joyce2@nhs.net](mailto:liz.joyce2@nhs.net) as soon as possible and by 30<sup>th</sup> May 2023 please

## Points to note:

1. The audience is the general public (in their role of holding their local NHS to account) and NHS England (JFP is a mandated requirement)
2. **Part 1 – Joint Forward Plan, Part 2 – Legal Duties** - these two parts together form the overall document
3. **Case studies** are to be included throughout the final version of the plan
4. The JFP will be designed using ICS colours, infographics and icons to reduce the word count
5. The eight Ambitions have been well socialised and the detailed Objectives have been developed together with system Boards and groups, with involvement from experts by experience in Mental Health

## 1. Transforming Mental Health Services

1. Build system resources for early intervention and prevention for people of all ages, including those who experience mental health inequalities. This work will include enhancing and expanding skills and knowledge of mental health across our populations; providing a framework of tools and capacity to support mental wellbeing; and delivering a refreshed suicide prevention strategy.
2. Mobilise mental health system collaboratives to facilitate partnership working and deliver better health outcomes for our residents. The focus of the adult collaborative in year one is to improve support for older people living with dementia, delirium and depression which also has alignment with the Ambition Transforming Care in Later Life.
3. Establish a Children and Young People's (0-25 years) Emotional Wellbeing and Mental Health 'integrated front door' so all requests for advice, guidance and help are accepted, and support provided to navigate the system and meet the presenting level of need. This will be developed in line with the Thrive principles, with children and young people at the centre of delivery with resources wrapped around them, enabling them to Flourish.
4. See the whole person for who they are, beyond their complex behaviour. Develop pathways that support and promote recovery for people living with multiple and complex needs – with a focus on dual diagnosis and complex emotional needs (CEN)

## 2. Improving Urgent & Emergency Care

1. Improve Ambulance Response Times
2. Expand virtual ward services
3. Delivery of the Improving Lives Together Programme, to reduce Length of Stay (LOS) in hospitals

### 3. Elective Recovery & Improvement

1. Effectively utilise capacity across all Health System Partners
2. Implement digital technology to enable elective recovery

### 4. Primary Care Resilience & Transformation

1. Developing our vision to provide a wider range of services closer to home, improving patient outcomes and experience
2. Stabilise dental services through increasing dental capacity short term and setting a strategic direction for the next five years.

### 5. Improving Productivity & Efficiency

1. Improve the services we provide by enhancing productivity and value for money, embracing digital innovation and delivering services together where it makes sense to do so.

## 6. PHM, Reducing Inequalities and Supporting Prevention

Development and delivery of two strategies to support prevention:

- A Population Health Management Strategy, and a Norfolk and Waveney Health Inequalities Strategy to deliver the “Core20plus5” approach

The delivery of three specific work programmes designed to tackle:

- Smoking during pregnancy – Develop and provide a maternity led stop smoking service for pregnant women and people
- Early Cancer Diagnosis – Targeted Lung Health Check Programme
- Cardiovascular disease (CVD) Prevention

## 7. Improving Services for Babies, Children, Young People & Maternity

1. Successful implementation of Norfolk’s Start for Life (SfL) and Family Hubs (FH) approach
2. Continued development of our Local Maternity and Neonatal System (LMNS), including the Three Year Maternity Delivery Plan.
3. Reducing health inequalities including an initial focus on asthma, epilepsy and mental health
4. Develop an improved and appropriate offer across Norfolk and Suffolk for Children’s Occupational Therapy, to meet their needs

## 8. Transforming Care in later life

1. To develop a shared vision and strategy with older people that will help us to transform our services to be easy to access and designed and wrapped around the needs of older people.

## Timeline of key dates / activities – May to July

Key Dates	Meeting	Activity and Focus
15 May	Draft JFP to be circulated – deadline of 30 May for initial feedback	All Partners, ICB Board members and Suffolk HWB
18 May	Suffolk Health & Well Being Board	Opinion
22 May	Patients & Communities Committee	Review / comment
25 May	Transformation Board	Page turn of JFP – Ambition Leads to be invited to attend this agenda item.
26 May	ICS EMT	Approval / check & challenge
30 May	ICB Board	Sight of near final copy
31 May	Send copy to designer	3 weeks for design
14 June	Norfolk Health & Well Being Board	Opinion
21 June	Final copy back from designer	Completed JFP – fully designed
27 June	ICB Board	Sign off
30 June	N/A	Publish on ICS website, send to NHSE
w/c 3 July	NHS 75 <sup>th</sup> birthday celebrations (5 <sup>th</sup> July)	Launch – look forward using the JFP