

TRiM

(Trauma Risk Management)

For staff working
in primary care

A traumatic incident has the potential to cause physical, emotional, spiritual, or psychological harm.

Talking through an incident can help people to process what has happened, aid recovery and resolve any issues.

TRiM provides a safe and confidential space to support you.

We are here for you.

Working together for
better mental health

Introduction
to TRiM video



Online TRiM
referral form

