

NORFOLK AND WAVENEY LMNS NEWSLETTER

A QUARTERLY NEWSLETTER FROM YOUR LOCAL MATERNITY AND
NEONATAL SYSTEM

WHAT DO WE DO?

THE PURPOSE OF THE LOCAL MATERNITY AND NEONATAL SYSTEM (LMNS) IS TO BRING TOGETHER COMMISSIONERS, PROVIDERS AND SERVICE USERS TO DEVELOP AND IMPLEMENT A LOCALLY OWNED PLAN. THE LMNS IS OVERSEEN BY A BOARD THAT INCLUDES MIDWIVES, PROVIDER STAFF, CONSULTANTS, NHS ENGLAND, NORFOLK AND WAVENEY ICS, UEA AND PUBLIC HEALTH. THE LOCAL PLAN AIMS TO DELIVER THE RECOMMENDATIONS OF THE BETTER BIRTHS INITIATIVE:

- **SAFER CARE**
- **PERSONALISED CARE**
- **BETTER PROACTIVE HEALTH AND ILL HEALTH PREVENTION**
- **IMPROVED POST-NATAL CARE AND BETTER MENTAL HEALTH PROVISION FOR NEW MUMS AND MUMS-TO-BE**
- **IMPROVED STAFF TEAM WORKING AND WORKING ACROSS BOUNDARIES**



THIS ISSUE

Project Updates
Celebrating Success
Uganda Review
Our MVP



PROJECT UPDATES



PELVIC HEALTH PROJECT



The E-Paq Questionnaire and Pelvic Health Pathway went live on Monday 1st August 2022. This will improve women's access to antenatal and postnatal referrals. The Obstetric Anal Sphincter Injury (OASI) Care Bundle has commenced implementation at will be launched at JPUH on 1st September.

JOINT LMNS INDUCTION OF LABOUR GUIDELINE

The finalised guideline is now in the process of ratification at each trust. This will soon be followed by a LMNS wide Patient Information Leaflet which all women will receive at 28 weeks and a Patient Induction of Labour Booklet that will be given to all women at the time of induction booking.



PUBLIC HEALTH

- The LMNS Breastfeeding Strategy was launched on Monday 1st August across all 3 trusts in time for World Breastfeeding Week
- The new smoking cessation service Quitzy has commenced implementation at JPUH



EDUCATION AND TRAINING

Three successful Pre-hospital Obstetric Emergencies Training Days were held across the LMNS in collaboration with EoE Ambulance Service





CELEBRATING SUCCESSES



CAVELL STAR AWARD WINNER

LMNS Lead Midwife, Nicola Lovett, won a Cavell Star Award after being nominated by the LMNS Team:

"The LMNS Team would like to nominate Nicola for her dedication and commitment to her colleagues, ensuring they are always supported, creating an amazing team and striving for excellent care for patients. Nicola is a strong leader, always working behind the scenes to support the work our LMNS is achieving, often not receiving as much credit as the rest of the team but without her behind us and guiding us we wouldn't be able to do what we do! "

Congratulations Nicola!



National Practice Development Midwives Forum

For collaborative working and learning

THURSDAY 14TH JULY, 1:30PM-3PM
VIA MS TEAMS



BOOK YOUR PLACE ON EVENTBRITE

Hosted by Norfolk and Waveney LMNS



Norfolk and Waveney PDM Team hosted the first National PDM Forum in July. Over 50 PDM's across the country joined together to learn from each other and share successes.



UGANDA

Norfolk and Waveney have now established a link with Imperial College London to continue supporting HER Workshop trips to Uganda following the successful trip in May. The workshops covered Haemorrhage, Evidence, Respectful care, Resuscitation and Research which over 30 Ugandan midwives attended. Heads of Midwifery will be sending out EOI forms for potential faculty to attend future trips.





OUR MVP



Queen Elizabeth (Kings Lynn)
Maternity Voices
Partnership

Working in partnership to improve maternity services



Birth Voices East - MVP



NORWICH
Maternity Voices
Working in partnership to improve maternity services

Norfolk and Waveney LMNS has three Maternity Voices Partnerships aligned with each of the trusts

THIS YEAR THE LMNS HAVE WORKED WITH OUR MVP ON...

- Attending the Ockenden assurance visits at all three trusts
- The Induction of Labour (IOL) survey, joint IOL guideline and upcoming IOL Patient Information Leaflets
- The upcoming new LMNS-wide Fetal Monitoring Patient Information Leaflet

We need to hear from you...
Induction of Labour across Norfolk & Waveney



Have you had an Induction of Labour at NNUH, QEH or JPUH in the Last 3 years?

Please complete our survey to help inform the future of induction of labour across Norfolk and Waveney.



Your Choices



Why is temperature so important?



Leaving the warmth of the womb at birth, the wet newborn baby comes into a much colder environment and immediately starts to lose heat. Most of this heat loss occurs within the first few minutes after birth and if not kept warm in the first 10-20 minutes, the baby may lose enough heat for his body temperature to fall to a dangerously low level (This is called hypothermia).



- The Thermoregulation Focus Week, social media take over and Keeping Your Baby Warm Leaflets
- Development of Quitzy- the smoking cessation service at JPUH
- The Pelvic Health Project including how to make the service accessible to women

