

NORFOLK AND WAVENEY LMNS NEWSLETTER

A QUARTERLY NEWSLETTER FROM YOUR LOCAL MATERNITY AND
NEONATAL SYSTEM

WHAT DO WE DO?

THE PURPOSE OF THE LOCAL MATERNITY AND NEONATAL SYSTEM (LMNS) IS TO BRING TOGETHER THE INTEGRATED CARE BOARD, PROVIDERS AND SERVICE USERS TO DEVELOP AND IMPLEMENT A LOCALLY OWNED PLAN. THE LMNS PROGRAMME TEAM WORK TOGETHER WITH TRUST MIDWIVES, PROVIDER STAFF, CONSULTANTS, NHS ENGLAND, NORFOLK AND WAVENEY ICS, UNIVERSITIES AND PUBLIC HEALTH. THE LOCAL PLAN AIMS TO DELIVER THE RECOMMENDATIONS OF THE BETTER BIRTHS INITIATIVE:

- **SAFER CARE**
- **PERSONALISED CARE**
- **BETTER PROACTIVE HEALTH AND ILL HEALTH PREVENTION**
- **IMPROVED POST-NATAL CARE AND BETTER MENTAL HEALTH PROVISION FOR NEW MUMS AND MUMS-TO-BE**
- **IMPROVED STAFF TEAM WORKING AND WORKING ACROSS BOUNDARIES**



Moving on...

Our Public Health Midwife, Kiya Rothman, has said her goodbyes to Norfolk for pastures new as Practice Development Midwife in Jersey. We wish her the best of luck and thanks for all of the amazing achievements she had with prevention work across Norfolk and Waveney!

Our Business Support, Kayley Thompson, has said her goodbyes to the LMNS Programme Team for her new adventure as a student midwife at University of Suffolk! We are excited to have Kayley joining the system in a different role and wish her the best of luck!



THIS ISSUE

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PROJECT UPDATES



PELVIC HEALTH PROJECT



Since the launch in August, nearly **700 women** have completed their ePAQ-Pelvic Floor self-assessment questionnaire. 125 have been referred to receive advice & support by the Therapy Assistant Practitioners trained in Pelvic Health, and over 40 referred to specialist Physiotherapy for support with pelvic floor dysfunction symptoms.

In January we launched the second part of the ePAQ-PF screening service, providing a second questionnaire to all women four months after birth, to identify if they have developed symptoms during or after their pregnancy and refer them to specialist care when required.

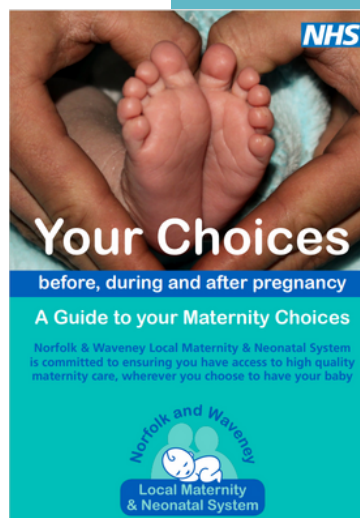
Thank you to all involved for supporting patients and directing women to this new service.

LMNS WEBSITE PAGES



CLICK HERE

Including:
Our workstreams
Our documents
Our MVP



CHOICES BOOKLET

The updated version of the Pregnancy Choices Booklet has been launched and can be found on Just One Norfolk and the Norfolk and Waveney ICS webpages.

All pregnant service users should be directed to the booklet from booking of their pregnancy, as it provides a full, comprehensive guide to all of the options available throughout their journey.



EDUCATION AND TRAINING

The LMNS have used training funds to supply each Trust with a CTGi Simulator and a range of other training opportunities such as Baby Friendly Initiative Training, FINE Training, Birthrights Training and more!

Two of our Trusts, JPUH and QEHL, have signed up to become pilot sites for the new National Core Competency Framework V2 with NHSE. This means our teams are shaping the framework and enjoying a head start on the new framework requirements! Well done to PDM teams at both Trusts for their hard work so far.





CELEBRATING SUCCESSES



SILVER CHIEF MIDWIFERY OFFICER AWARDS

Alana Hunt, our Better Births Transformation Midwife and Delyse Maidman, our Digital Lead Midwife were surprised by CMO Jacqueline Dunkley-Bent with Silver CMO Awards! Alana's award came for her excellent work implementing Midwifery Continuity of Carer at JPUH. Delyse's award was for her effort in advancing digital within maternity across our system. Well done to both!



Our Maternity Voice Partnerships submitted their yearly reports which displayed excellent levels of co-production across the system with plans in place to continue this throughout 2023, with a large amount of involvement in the Trusts training plans as part of the new Core Competency Framework

Find our MVP website pages by clicking the links below:

[Birth Voices East](#)

[Queen Elizabeth Hospital MVP](#)

[Norwich Maternity Voices](#)

PERSONALISED CARE & SUPPORT PLANS PROJECT

The new PCSP project has commenced with the aim of updating and refreshing a system wide Personalised Care & Support Plan to progress improvement work around Choice & Personalisation for all x3 Trusts in either digital or paper format. This will provide pregnant people with a tangible, accessible document to complete their personalised plan alongside their midwife or clinician thus providing improved personalised care and empowering pregnant people with their choices.

PERIPREM PROJECT

PERIPrem (Perinatal Excellence to Reduce Injury in Premature Birth) is a perinatal care bundle adopted to improve the outcomes for premature babies. The bundle consists of eleven interventions that demonstrate a significant impact on brain injury and mortality rates amongst babies born prematurely before 34 weeks. Roll out and implementation of all elements, excluding prophylactic hydrocortisone, is planned for Norfolk and Waveney Trusts by 31 March 2023.



EAST KENT REPORT



The report following the investigation into East Kent maternity and neonatal services sets out the devastating consequences and failings suffered by families and the need to listen and really hear the experiences of women, babies and families. The report identifies that care had been delivered to national standards of care, then **“the outcome could have been different in 97, or 48%, of the 202 cases assessed by the Panel, and the outcome could have been different in 45 of the 65 baby deaths, or 69% of these cases”** and the key behaviours if staff include:

- **FAILURES OF TEAMWORKING.**
- **FAILURES IN PROFESSIONALISM.**
 - **FAILURES IN COMPASSION**
 - **FAILURES TO LISTEN.**
- **FAILURES AFTER SAFETY INCIDENTS**
- **FAILURES IN THE TRUST’S RESPONSE, INCLUDING AT TRUST BOARD LEVEL.**

SO, WHAT ARE THE NEXT STEPS?

In 2023, a single delivery plan for maternity and neonatal care will be released which will bring together action required following this report, the report into maternity services at Shrewsbury and Telford NHS Foundation Trust, and NHS Long-Term Plan and Maternity Transformation Programme deliverables.

Norfolk and Waveney LMNS board will be continuing with the on-going monitoring of Trusts Safety and Quality performance, Ockenden action plans and oversight of maternity and neonatal services in our system.

The LMNS will work towards the development digital system that supports the identification of poorly performing Units, working the Trusts and ICB Digital teams.

The LMNS will review its core functions, priorities, and terms of reference once the single delivery plan is launched in March 2023.