

NORFOLK AND WAVENEY LMNS NEWSLETTER

A QUARTERLY NEWSLETTER FROM YOUR LOCAL
MATERNITY AND NEONATAL SYSTEM

Welcome to the team!

We would like to welcome our new team members, Zoe George as Therapy Assistant Practitioner for Norfolk and Norwich University Hospital, Sarah Collingwood as Senior Project Officer and Rosalia Peck as our new Senior Administrator. Next month we welcome Jo Govier as our new Practice Innovation Midwife who will be working systemwide.

Furthermore, congratulations to our existing team members who have achieved substantive posts through a rigorous application and interview process: Lydia Gerrie as Senior Transformation Midwife, Mollie Haskey as Practice Innovation Midwife and Andy Trohear as Senior Project Officer.

Happy Retirement!

This month we say happy retirement to Karen Warrington, our Senior Project Officer. Karen has been with Norfolk and Waveney LMNS since the very beginning, and has been a core member of the team assisting in delivery of the hubs project, choices booklet, personalised care and support plans and recently assisting in the workforce workstream. Luckily for us, after a few holidays, Karen will be returning to us for a few days a week. We wish you a happy retirement and look forward to seeing you in a few months!



THIS ISSUE

The Three Year Maternity Delivery
Plan
Project Updates
Celebrating Success
International Day of the Midwife 2023

THE THREE YEAR MATERNITY DELIVERY PLAN



NHS England has developed a plan to bring together recommendations from recent safety reports, maternity staff and women and pregnant peoples' voices to improve maternity services over the next 3 years.

The Three Year Maternity Delivery Plan sets out how the NHS will make maternity and neonatal care safer, more suited to pregnant peoples individual needs and kinder. It has 4 main themes:



- Listening to women and families with compassion
- Growing, retaining and supporting our workforce
- Developing and sustaining a culture of safety, learning and support
- Standards and structures that underpin safer, more personalised, and more equitable care

The Norfolk and Waveney Local Maternity and Neonatal System (LMNS) are already working towards improvements in maternity services in all of the areas. The N&W LMNS are committed to improving maternity services in our area, and ensuring safer, more personalised and equitable care for all of our women and families. We work closely with the Maternity & Neonatal Voices Partnerships (MNVP) at NNUH, JPUH and QEH hospitals, who hear and represent the voices of all of our families.

In March, members of the LMNS team attended the National Maternity and Neonatal Summit in Leeds, where an initial overview of the Three Year Maternity Delivery Plan was given. The conference gave the team lots of ideas and areas of development to bring back to Norfolk and Waveney!





PROJECT UPDATES



PELVIC HEALTH LEARNING EVENT



April saw the first local learning event hosted by the Norfolk & Waveney Perinatal pelvic health Service. This event focused around the patient with Obstetric Anal Sphincter Injury (OASI). We know from the 2019 clinical report from the national maternity perinatal audit the overall incidence of OASI was 3.5%. Women experiencing 3rd and 4th degree perineal tears can have complex physical and psychological outcomes (Bick, Hall and Keighley, 2022).

The study event heard from guest speakers including Rosie Parker: telling her first hand experience of living with pelvic floor dysfunction after an OASI injury, Mr Powar, Consultant Colorectal Surgeon from Addenbrookes Hospital, providing an overview into Sacral Nerve Stimulation Surgery for faecal incontinence, Tracey Bailey Functional Bowel Specialist Nurse discussing conservative management for faecal incontinence, and Mollie Haskey, Practice Innovation Midwife, LMNS discussing the implementation of the OASI Care Bundle at the JPUH Maternity department.

The Perinatal Pelvic Health team hope to run a further study event in the Autumn of 2023. The event will be sent out via email and publicised on our social media channels!



PERSONALISED CARE AND SUPPORT PLANS

Better Births (2016) advised that maternity care should be personalised and safe. Care should be centred on the woman, her baby and her family; based around her needs and decisions, where there has been genuine choice informed by unbiased information. The LMNS are bringing together women using our services and other key stakeholders to work towards the goal that all women will have a personalised care & support plan.

The project began in January 2023, and the LMNS have gained obstetric and PCSP Leads support from each of the x3 Trusts. Scoping is under way for an interim paper version, digital online forms or baby app until full digital maturity is achieved across Norfolk & Waveney under the Electronic Patient Record procurement project.



EDUCATION AND TRAINING

This month see's the publication of the new Core Competency Framework Version 2 nationally, which sets out the standards for maternity workforce CPD and mandatory training. Luckily, two of our sites took part in the pilot and have helped shape the framework- both teams have received commendation from the NHSE national team for leading the way and demonstrating examples of excellence.



CELEBRATING SUCCESSES



EAST OF ENGLAND MATERNITY AWARDS

February saw EoE's annual maternity awards, where the LMNS team were proud to have received 'Runners Up' for Midwife of the Year (Mollie Haskey) and Team Partnership Awards (our Perinatal Pelvic Health Service Team). JPUH Maternity and Neonatal Voice Partnerships also won Runner Up MNVP of the Year- a testament to their hard work over the the last 12 months! Congratulations again to all!



The team also presented at the awards event, on the Implementation of a Joint Induction of Labour Guideline across the system- a project which has been commended regionally and nationally.



PERIPREM LAUNCH



All three sites are taking part and have adopted the PERIPrem Passport to be commenced on all women who are admitted below 35 weeks gestation. The Passport follows the baby through to NICU once born and all 11 interventions are designed to improve Neonatal optimisation.

If you would like to learn more about PERIPrem or be part of your local PERIPrem working group please contact the LMNS team and they will add you to the mailing and distribution list.

BUDDIE LOCAL LEARNING EVENT

On 20th April, Norfolk and Waveney joined once again with Cambridgeshire and Peterborough to host a joint Local Learning Event. This event covered the topic of Fluid Balance and Hyponatraemia. Over 60 delegates attended, and external speaker Arani Pillai, Obstetric Anaesthetist from Nottingham, provided an excellent teaching session based on the national UKOSS study into the topic. Feedback was **100% positive** from all delegates! These events are emailed out by Trust PDM teams or regularly promoted on the LMNS social media. The next event will be on Tuesday 11th July- look out for posters to book!

CELEBRATING INTERNATIONAL DAY OF THE MIDWIFE

**ON FRIDAY 5TH MAY, THE LMNS TEAM CELEBRATED
INTERNATIONAL DAY OF THE MIDWIFE, 2023.**

The team held a
celebration tea party at
County Hall, for all ICB
colleagues to attend!



The team created posters
of our projects and
successes so far, to
celebrate how far we have
come as a system.



The event promoted some
great networking, as well
as colleagues enjoying
some LMNS baked
goodies!

WANT TO KNOW MORE ABOUT YOUR LMNS?

CHECK IT OUT!

LMNS WEBSITE PAGES

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