

NORFOLK AND WAVENEY LMNS NEWSLETTER

A QUARTERLY NEWSLETTER FROM YOUR
LOCAL MATERNITY AND NEONATAL SYSTEM


The LMNS

The Local Maternity and Neonatal System (LMNS) brings together commissioners, providers and service users to develop and implement a locally-owned plan.

The LMNS is overseen by a Board that includes Midwives, provider staff, Consultants, NHS England, Higher Education Institutes and Public Health.

The local plan aims to deliver the recommendations of the NHS England Three Year Delivery Plan for Maternity and Neonatal Services published in March 2023.

The LMNS Programme Team



IN THIS ISSUE

**LMNS AWAY DAY
2024**

**MATERNITY SOCIAL
PRESCRIBING PILOT**

**POET DAYS
2024**

**NEWS IN
BRIEF**

**PRE-TERM BIRTHS
UPDATE**



LMNS AWAY DAY 2024

11 June saw the LMNS come together for our annual away day. This is an opportunity to gather in one place as a team (a rare occurrence!) to catch up and share ideas.

“ We looked ahead to the coming year through the lens of the high-profile challenges maternity and neonatal services are experiencing. ”

THE YEAR AHEAD

There was an ever-present focus on quality, safety and service transformation. But we also touched upon the need to support each other as a team in this current high-pressure environment. We shared tips on managing our time effectively and looking after our wellbeing at work. This is something we hope all our colleagues are prioritising.

SUCCESSSES

We reflected on some of the high points of the past 12 months. These include the launch of Personalised Care and Support Plans and the roll out of our Perinatal Pelvic Health Service.



We reviewed the LMNS Blueprint, which was approved by the LMNS Board in April. The blueprint covers our programme of work and supports the delivery of the *Three-Year Delivery Plan for Maternity and Neonatal Services* locally. As a team we aligned our priorities into each quadrant, ensuring an evidence-based approach.

We then dedicated time to focussed discussion on...

NEW PROJECTS TO COME

The importance of digital safety and how we can support and promote this in the delivery of safe services.

The changing role of Maternity & Neonatal Voices Partnerships, the importance of service user voice and the challenge to embed this across the system.

Continuing to ensure staff voices are heard in our transformation, quality and safety work.

The Birth Trauma report, what this means and how we as an LMNS can address some of the issues.



MATERNITY SOCIAL PRESCRIBING PILOT

The LMNS is launching a new pilot project in August in collaboration with the Integrated Care Board (ICB's) Population Health Management team and Start for Life Family Hubs.

The pilot will focus on the social determinants of health which impact on maternity outcomes and experiences. This work has been prompted by an LMNS deep dive into pre-term births, stillbirths and neonatal deaths across Norfolk and Waveney. This showed that while clinical care was overall good, there was a trend towards worse health outcomes for mothers, birthing people and babies living in areas of deprivation.

The pilot will use a social prescribing approach to link families to free services and support available to them during pregnancy and after their baby is born.



The ICB's "Protect Now" call handling team will proactively contact women and birthing people living within the 20% most deprived localities* after their first booking in appointment with a midwife.



Those who wish to access help and support will be connected with their local Family Hub who can offer tailored support, guidance and onward referrals relating to health and wellbeing, parenting, mental health, finance, housing and more.

A test and learn phase will begin in Great Yarmouth in August with the aim of rolling out more widely across Norfolk and Waveney from November onwards.



*According to the Index of Multiple Deprivation as per the NHS England Core20PLUS approach.

PRE-HOSPITAL OBSTETRIC EMERGENCIES TRAINING DAYS 2024



On 19/ 20 June, the LMNS and East of England Ambulance Service (EEAST) collaborated to offer the well-regarded Pre-Hospital Obstetric Emergencies Training (POET) days.

32 midwives, maternity support workers, paramedics and Emergency Medical Technicians attended from across the system. The days were held at Norfolk Accident Rescue Service (NARS) in Dereham, and comprised live, immersive scenario-based training, working in multi-disciplinary teams.

SCENARIOS COVERED:

- **POSTPARTUM HAEMORRHAGE AND TRANSFER**
- **BREECH BIRTH AND NEWBORN RESUSCITATION**
- **SHOULDER DYSTOCIA AND NEWBORN RESUSCITATION**
- **MATERNAL COLLAPSE AND MATERNAL AND NEWBORN RESUSCITATION**



The Core Competency Framework V2, included within the Three Year Delivery Plan for Maternity and Neonatal Services, specifies emergency training must be carried out with multi-disciplinary attendance and at the point of care. The POET days allowed midwives and paramedics, who will be working together in the community, to learn from each other and improve communication whilst also addressing the limitations and differences in handling emergency situations in a community setting.



**FEEDBACK WAS 100% POSITIVE
ACROSS THE TWO DAYS, WITH AN
AVERAGE PRE-COURSE CONFIDENCE
SCORE OF 5/10, AND AN AVERAGE
POST-COURSE CONFIDENCE SCORE OF
8.27/10.**

THANK YOU

To everyone who assisted with the event and to the teams at NARS and EEAST.



NEWS IN BRIEF

WHAT'S NEXT?

Topics coming up in the next six months:

- Breastfeeding
- Maternal Medicine
- LGBTQ+
- Digital
- Smoking in pregnancy

LOCAL LEARNING EVENTS

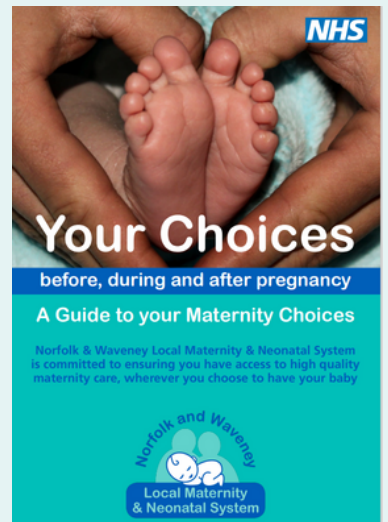
We continue to run our successful Local Learning Event series for staff across Norfolk & Waveney and the wider East of England region.

Our most recent event covered health inequalities. We were joined by Dr Emily Clark who talked to us about the ways in which health services can help tackle inequalities and led an interactive session based on real life scenarios. We also welcomed Kerri Bateson who leads the Early Help and Prevention team in North Norfolk and walked us through their social prescribing offer.

CHOICES BOOKLET

Our directory of service - or Choices - booklet is undergoing an update to align with the information within our new Personalised Care and Support Plan (PSCP).

This resource highlights the importance of shared decision-making and aims to help women, birthing people and their families to make informed choices about their pregnancy and birth.



Good luck, Mollie!

In late June, we celebrated Mollie's blooming baby bump with afternoon tea, cakes and games. Best of luck with your maternity leave, Mollie, we can't wait to meet the first LMNS baby when he arrives!





PRE-TERM BIRTHS UPDATE

Pre-term and multiple pregnancy roles

In December 2023 Trusts approved the use of £98K transformation funds to pilot a standardised Pre-Term Birth (PTB) pathway across the system.

As a system, the PTB rate is currently 8.5% - this is above the National Maternity Safety Strategy target of 6%. By standardising the PTB pathway there is potential to move towards achieving the national target rate and the ambition set out in the NHS long term plan (2019) to reduce stillbirth, neonatal mortality and serious brain injury by 50% by 2025.

The funding will be used to pilot a systemwide PTB prevention lead midwife and a PTB prevention project manager.

Interviews for the PTB prevention lead midwife and project manager took place in June and successful candidates have been appointed to start in September.

The roles will be hosted by NNUH to provide systemwide working support.



Pilot objectives:

- Achieve a reduction in PTB rates across N&W
- Identify key themes attributed to PTB
- Steer quality improvement work to understand population risks, inequalities and how they contribute to neonatal mortality and morbidity
- Create systemwide pathways and resources for professionals and service users
- Support systemwide compliance to Saving Babies' Lives V3 element 5 and NICE 2019 quality statements 7 and 8
- Identify gaps and links into the Maternal Medicines Network pathway