

NORFOLK AND WAVENEY LMNS NEWSLETTER

A QUARTERLY NEWSLETTER FROM YOUR LOCAL MATERNITY AND
NEONATAL SYSTEM

WHAT DO WE DO?

THE PURPOSE OF THE LOCAL MATERNITY AND NEONATAL SYSTEM (LMNS) IS TO BRING TOGETHER THE INTEGRATED CARE BOARD, PROVIDERS AND SERVICE USERS TO DEVELOP AND IMPLEMENT A LOCALLY OWNED PLAN. THE LMNS PROGRAMME TEAM WORK TOGETHER WITH TRUST MIDWIVES, PROVIDER STAFF, CONSULTANTS, NHS ENGLAND, NORFOLK AND WAVENEY ICS, UNIVERSITIES AND PUBLIC HEALTH. THE LOCAL PLAN AIMS TO DELIVER THE RECOMMENDATIONS OF THE BETTER BIRTHS INITIATIVE:

- **SAFER CARE**
- **PERSONALISED CARE**
- **BETTER PROACTIVE HEALTH AND ILL HEALTH PREVENTION**
- **IMPROVED POST-NATAL CARE AND BETTER MENTAL HEALTH PROVISION FOR NEW MUMS AND MUMS-TO-BE**
- **IMPROVED STAFF TEAM WORKING AND WORKING ACROSS BOUNDARIES**



THIS ISSUE

Project Updates
Celebrating Success
Maternal Medicine
Networks

Next Issue: Staffing, East Kent and
Culture



PROJECT UPDATES



PELVIC HEALTH PROJECT

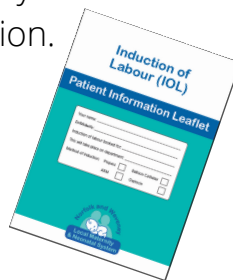
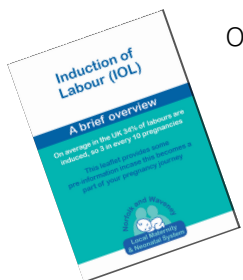


The new Pelvic Health Pathway went live on Monday 1st August 2022. The pathway offers opportunity for all pregnant people to complete an 'e-paq' questionnaire regarding their pelvic health which is then triaged for referral and support. Over **100** e-paq questionnaires were completed in the first month at NNUH alone.

Following implementation of the Obstetric Anal Sphincter Injury (OASI) Care Bundle at JPUH, 75% of eligible women received the care bundle in the first month, and for these women there were **zero** severe (third or fourth degree) perineal tears!

JOINT LMNS INDUCTION OF LABOUR GUIDELINE- LAUNCHED

The finalised guideline has now been approved across the system. This includes LMNS wide Patient Information Leaflets and a new 'Delayed Induction of Labour Strategy' across all three trusts in line with Ockenden recommendations. This will improve the experience of pregnant people during their induction of labour. Service users will be re-surveyed after 6 months of full implementation.



PUBLIC HEALTH

Work continues towards implementing the new Smokefree Pregnancy Pathways in line with the NHS Long Term Plan. The new service will be piloted at James Paget Hospital, and we have successfully recruited 2 Smokefree Pregnancy Practitioners!

In other news, Our Maternity Health Supporters continue to engage with maternity staff and pregnant women/people and improve the provision of public health information including contraception, healthy weight, and nutrition and breastfeeding.



EDUCATION AND TRAINING

N&W LMNS have joined forces with Cambridgeshire & Peterborough LMNS to create a series of Local Learning Events across the two systems. Learning Events are used to address key areas highlighted by local case reviews where training and improvement is needed.

Norfolk and Waveney Local Maternity & Neonatal System
Cambridgeshire and Peterborough Better Births

Attend Norfolk and Waveney LMNS and Cambridgeshire and Peterborough LMNS's first buddy

"Back to Basics"
LMNS Local Learning Event:
MEOWS and Sepsis

Open to midwives, obstetricians, midwifery support workers, health care assistants, anaesthetists, midwifery students, maternity nurses and neonatal teams

Tuesday 29th November 2022
13:00 - 15:00 GMT

Online event. Free

Search on [eventbrite](#) to Register for the event or click here [CLICK HERE](#)

Across eight months there will be four free events running on the topics of 'back to basics' starting with Modified Early Obstetric Warning Scores (MEOWS) and Sepsis on 29th November! The event will include teaching, quizzes and speakers from national teams.



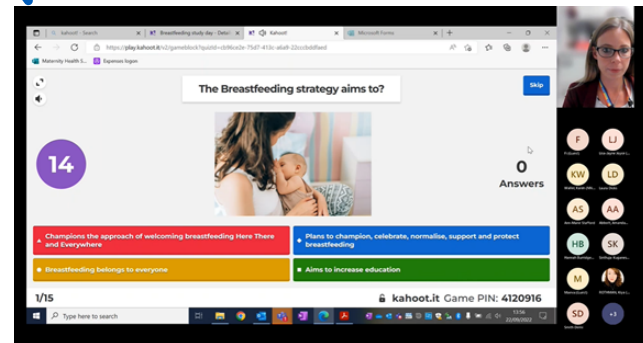
CELEBRATING SUCCESSES



BREASTFEEDING STUDY DAY

The LMNS Maternity Health Supporter Team ran their first Public Health Study Day for maternity staff on the topic of breastfeeding. The day involved a range of speakers covering the new breastfeeding strategy, supporting breastfeeding in practice, tongue tie's and an interactive quiz to close the day.

Feedback showed 100% of participants would recommend the study day to a colleague. Further Public Health Study Days will be running in the future thanks to our MHS Team!



Working in partnership to improve maternity & neonatal services

JPUH Maternity Voice Partnership has successfully recruited to become a 'Maternity and Neonatal Voice Partnership'. This will ensure voices of families experiencing neonatal services will be heard across the system.

Our Practice Development Midwife Team's first publication for their series with The Practising Midwife Journal was published in October. This will be followed by 4 further articles discussing some of their projects across the LMNS.



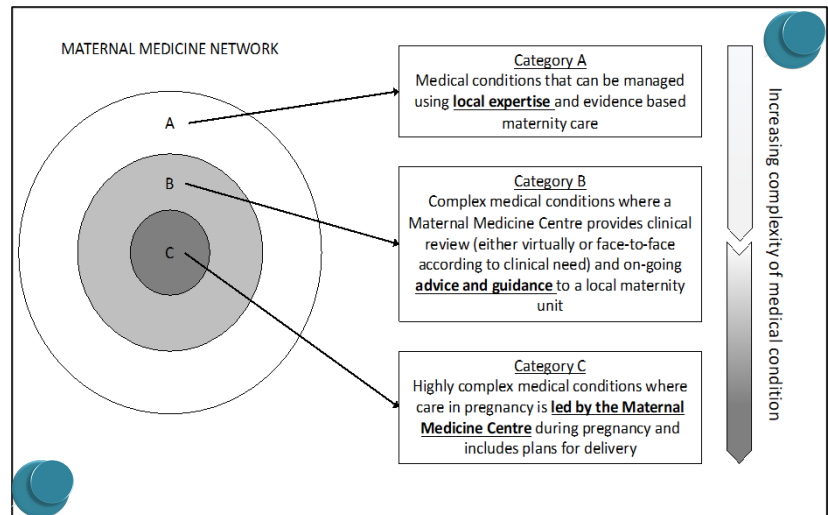
INTERNATIONAL VISIT

In October a team of 18 Dutch midwives visited our region and within that came to visit James Paget University Hospital to see how the Continuity of Carer (CoC) service runs. CoC is a new model of midwifery care recommended nationally to improve outcomes for pregnant people and their families. The team enjoyed a day of visiting hubs, hearing about JPUH's 86% implementation of CoC and a care planning training session with support from UEA and a few amazing student midwives.

MATERNAL MEDICINE NETWORK

WHAT IS THE MATERNAL MEDICINE NETWORK (MMN)?

This year Norfolk and Norwich University Hospital implemented their Maternal Medicine Centre (MMC) as part of the East of England Maternal Medicines Network (MMN). The MMN is responsible for ensuring that all women in the network's footprint with significant medical problems will receive timely specialist care and advice before, during, and after pregnancy. All constituent providers within the network will be responsible for agreeing and upholding shared protocols on the management and referral of women with medical conditions, including reviewing guidelines and referral pathways



WHY IS THE MMN IMPORTANT?

This model of care will ensure that investigation and management is carried out by an experienced Multidisciplinary Team that includes an appropriately trained obstetrician e.g., with sub-specialty training in maternal fetal medicine; an obstetric physician or equivalent physician with appropriate training; and an appropriately trained midwife or team of midwives.

An MMC, hosted by Norfolk and Norwich University Hospital NHS Trust, will provide regional clinical leadership – on the identification, referral and management of women with medical conditions, including co-developing guidelines and referral pathways. The MMC will ensure that appropriate education is in place across the network for all clinicians to improve local identification and referral of acute issues that have particular significance in women who are or have recently been pregnant.

WHAT HAVE BEEN THE SUCCESSES OF THE PROJECT SO FAR?

- The MMC has been successfully launched at NNUH in May 2022 with the Multidisciplinary team and governance in place.
- The LMNS has approved the funding proposal and a project manager has been appointed to support with reporting and service user engagement.
- A Task & Finish Group has been set up to continue to learn, improve and evaluate the new service.

