

NORFOLK AND WAVENEY LMNS NEWSLETTER

A QUARTERLY NEWSLETTER FROM YOUR LOCAL
MATERNITY AND NEONATAL SYSTEM

The LMNS...

The Local Maternity and Neonatal System (LMNS) bring together commissioners, providers and service users to develop and implement a locally owned plan. The LMNS is overseen by a Board that includes Midwives, provider staff, Consultants, NHS England, Higher Education Institutes and Public Health.

The local plan aims to deliver the recommendations of the Maternity and Neonatal Three Year Delivery Plan for Maternity and Neonatal Services published in March 2023.

Congratulations!

To our Tobacco Dependency Advisor, Melanie Macrow, for being awarded a Silver Medal Award from the NHS England, Emergency Care Improvement Support Team for her work on Brief Advice Training for Smoking in Pregnancy.

The LMNS Programme Team



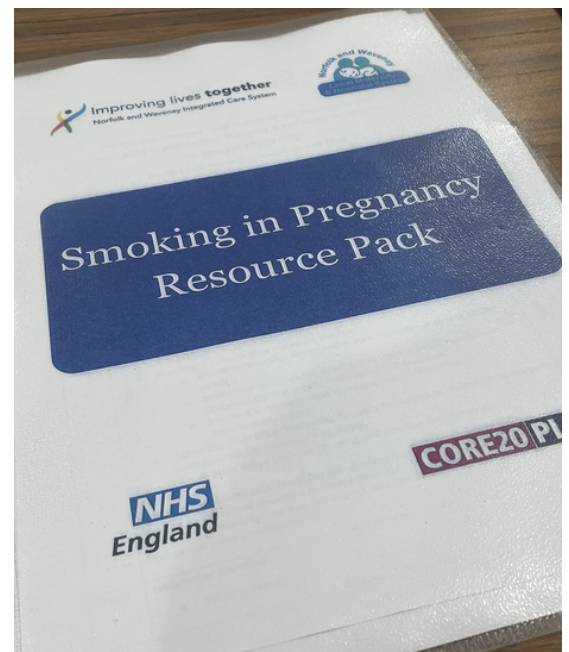
THIS ISSUE

Smoking in Pregnancy
Pathway
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SMOKING IN PREGNANCY PATHWAY

Smoking is the most modifiable risk factor in pregnancy and is a priority for our system. It increases the risk of pregnancy complications such as stillbirth, preterm birth, miscarriage, low birthweight and sudden infant death. Last year, 11.6% of the birthing population in Norfolk and Waveney were smokers at the time of delivery.

In response to this, our system has come together to tackle this issue through workshops and planning sessions with key stakeholders from trusts and the LMNS programme team to develop a system-wide pathway for a new in-house Maternity Tobacco Dependence Treatment Service (MTDTS). Task and finish groups are being set up to progress this work with vital contributions from maternity staff and service users as well as external organisations including public health.



This October we supported Stoptober, sharing the NHS message of 'Stop smoking and good things happen'. For more information please follow <https://www.nhs.uk/better-health/quit-smoking/>



SMOKING IN PREGNANCY PATHWAY

The service will consist of Tobacco Dependency Advisors (TDA's) who will provide regular face to face and virtual contacts, behavioural support and the provision of Nicotine Replacement Therapy, as per the diagram below.

Contact Timeline

MIDWIFERY SERVICE



TOBACCO DEPENDENCY TREATMENT SERVICE

The service plan is to host the TDA positions centrally from one Trust (pending final approval) which will offer flexibility and cross cover in this system wide approach, however TDA's will be based at each Trust and supported by clinical leads. The TDA's will work closely alongside midwives and maternity teams to deliver seamless care, supporting women and birthing people to become, and remain, smokefree.

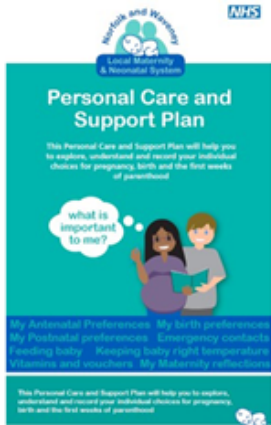
The service aligns with the requirements for the NHS Long Term Plan, Saving Babies Lives Care Bundle 3 and the Maternity Incentive Scheme Year 5, which we aim to implement by March 2024.



PROJECT UPDATES



PERSONALISED CARE AND SUPPORT PLANS (PCSP)



Progress and next steps for Norfolk & Waveney's new PCSPs:

- PCSP booklet approach agreed at LMNS board and funded for 1 year
- Booklet includes space for service users to write thoughts and questions, QR codes to education and information and inclusion of the BRAIN acronym
- First illustrated draft of the PCSP is under review
- Final version is expected to be taken to LMNS board for approval in November
- Planned launch across Trusts in December
- Engagement and training plans underway
- Scripts for staff training and service user education on how to use the booklets are with Just One Norfolk for animation

MATERNITY AND FAMILY HEALTH OUTREACH EVENTS

The LMNS continues to hop on board the Wellness on Wheels (WoW) bus to take health and wellbeing advice and guidance directly to women and families in our local communities. A team of community midwives, health visitors and specialist practitioners from health and social care organisations have come together to provide support and signposting on a range of services, including infant feeding, smoking cessation, pelvic health, vaccinating, social prescribing, healthy eating for babies, children and families, mental health, digital access and financial support.



Next WoW Bus Event: Friday, 24 November – Kings Lynn

If you'd like to get involved, please contact us via: nwicb.lmnsshared@nhs.net

Health Inequalities Local Learning Event: Women Seeking Sanctuary (Asylum Seekers and Refugees)

The first in our series of Health Inequalities Local Learning Events was held in August and was well attended and received excellent feedback from all attendees. To find out more and for practical tips to support care for women seeking sanctuary please click learn more.

LEARN MORE >>

PERINATAL PELVIC HEALTH SERVICE

Service specification has been released on October 16, 2023, by NHS England. We still await the implementation specification. You can read the specification here: [CLICK HERE](#)

Pelvic health advice sessions

These pelvic health advice sessions are recommended for all to attend during and after pregnancy. The sessions are led by Norfolk & Waveney NHS Perinatal Pelvic Health Service, who aim to support all women and birthing people by increasing awareness of pelvic health topics such as exercise in pregnancy and the birthing year, bladder control, constipation, and pelvic floor exercises! Click here to access the registration page which you can direct service users to: [CLICK HERE](#)



DIGITAL UPDATES



Electronic Patient Record

MEDITECH

A strategic driver of the NHS Long Term Plan is: *Developments to electronic health records will allow people to share their caring status with healthcare professionals wherever they present.* As a consequence all NHS trusts are working towards implementation of an end-to-end Electronic Patient Record (EPR). Norfolk and Waveney Acute Hospital Collaborative (N&WAHC) EPR Programme has been procuring an Electronic Patient Record (EPR) system on behalf of the three trusts, JPUH, NNUH and QEH. This procurement has now concluded, and the bidder selected has been announced as MEDITECH with its new digital health care record '**MEDITECH Expanse**'. Both Maternity and Neonatal services have been included as within scope. The contract is in progress with a current roadmap of progress to **LIVE from 2026**.

The LMNS is working with the EPR team to understand what the EPR will look like for specialist Maternity and Neonatal services and their users. This exciting programme of work will see maternity and neonatal services moved onto a single digital record, available at point of care and across borders within Norfolk and Waveney. The modern digital platform will enable our complex services to access and be supported by, modern digital solutions and apps that support safe and timely care.

SHARED CARE HEALTH RECORD (SCHR)



The aim of the SCHR is to bring together a patient's health records across from different organisations within Health and Social Care, to provide health professionals with read access to a patient historical data during point of care.

The overall goal, is to improve patients experience and quality of care by eradicating the need to repeat their story to numerous providers and ensuring the most up to date data is available, allowing for an informed decision to be made on what care to provide to the patient.

Our Digital midwives from the each of the acute trusts are working closely with the SCHR project team to embed the SCHR within our maternity services, improving communication between our acute Trusts and community services'.

For more information on the SCHR please visit the following link:

[CLICK HERE](#)



TRAINING & DEVELOPMENT



It has been a busy period for training, with all Trusts hosting a range of training opportunities whilst working on the next 3 years of mandatory training plans for CNST. We want to thank all Practice Development Teams for their hard work on this.

The LMNS has helped to fund and facilitate across the system:

Baby Loss Awareness Week 2023 Local Learning Event

On 10th October over 35 MDT attended the learning event which was co-produced and led by NNUH MNVP chair, Jenny Whatling.

Make Birth Better: Trauma Informed Care Study Day

At the end of November 48 members of staff from across the system will be attending a bespoke Trauma Informed Care study day.

Pre-hospital Obstetric Emergencies Training Days

From 6-9th November, the Norfolk & Waveney and EEAST teams are joining forces to run pre-hospital obstetric emergency simulation training, including teaching sessions from Birthrights. This is being attended by 80 members of staff from EEAST and our maternity teams.

Perinatal Culture Workshop 2

Following on from June's successful workshop, on 15th November the perinatal teams will be joining forces for a second culture workshop, focusing on how to be an upstander when poor culture is witnessed.

TRAINING OPPORTUNITIES COMING UP

Perinatal Pelvic Health Study Day: The Unspoken Taboo

Face-to-face, Dereham, 21st November, 9-5



Perinatal Mental Health Local Learning Event: The Lotus Team

Virtual, MS Teams, 5th December, 1-3



Diabetes in Pregnancy Local Learning Event

Virtual, MS Teams, 18th January, 1-3:30

