



Improving lives **together**

Norfolk and Waveney Integrated Care System

Choose a greener inhaler and help fight climate change

The Norfolk and Waveney Integrated Care System (ICS) is supporting the roll-out of environmentally-friendly, greener inhalers.

Suitable patients will be offered a dry powder inhaler (DPI) instead of a metered dose inhaler (MDI)*, which work just as effectively, but do not use powerful greenhouse gases to propel medication into your lungs.



By making a swap, you could cut your carbon footprint by the equivalent of driving around 1,740 miles a year (that's a trip from London to Moscow).

Ask for more information at your next respiratory review.



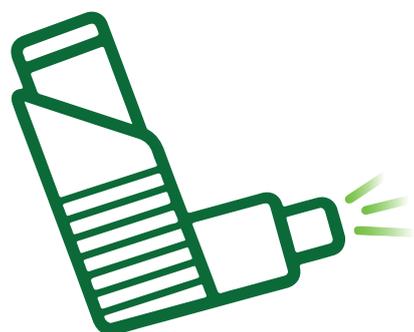
*Some patients will still need to use an MDI inhaler, but may be offered a less polluting version.



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