

# HEART HEALTH EVENTS

**8TH OCTOBER, 10AM-3PM**

**THE WATER LANE SPORTS CENTRE, LOWESTOFT, NR32 2NH**

**9TH OCTOBER, 10AM-3PM**

**MARKET GATES SHOPPING CENTRE, GREAT YARMOUTH, NR30 2BG**

**ANYONE AGED 40+ IS WELCOME TO COME ALONG FOR:**

- **HEART HEALTH SCREEN**
- **BLOOD PRESSURE CHECK**
- **ECG**
- **SUPPORT AND ADVICE ON HEART HEALTH**

TOGETHER WE'LL  
**B.E.A.T**  
HEART FAILURE

